



Dear Black Cat Runner,

Thank you for choosing to participate in the 12th Annual Black Cat 10/20 Miler! We are just over 500 runners and looking forward to spending our Sunday with you, your friends and family.

Quick Details:

Race Day: Sunday, March 24th

Start Time: 8am (packet pickup opens at 6:45am on race morning)

Race Day Location: B&S Fitness/CrossFit IronSpider (Race address: 90 Leavitt Street, Salem MA)

***Proceed to the end of Leavitt St. to the parking lot under the blue awning. B&S is located in that parking lot, Dock 19/20.**

Packet Pick Up Options: *Yes you can pick up for your friends.

Friday @ Marathon Sports, Salem located at 9 Paradise Rd. from 11-3pm

Saturday @ B&S Fitness Programs 12-3pm

Sunday (Race Day) @ B&S Fitness Programs 645-8am

Registration:

Make sure you know your BIB # before you check in to keep the process moving smoothly. Visit the registration page: <https://runsignup.com/blackcatroadrace>

Click participant tracking and just type in your name.

At registration you'll receive your bib, pins, shirt (if you paid for one). No switching shirt sizes until after the race will be permitted.

Merchandise: If you ordered additional merch, you can pick this up on Saturday or anytime race morning at the merchandise table. It'll be all ready for you!

If you didn't and would like to purchase pom-pom hats, coffee mugs, running gloves, etc. visit the merch table. (Cash/Credit/Check/Venmo)

Changes to Registration: If you know you will be switching distances, email

events@bnsfitness.com prior to Saturday at 5PM if you haven't already done so! Your pre-assigned custom bib will not change, but your distance will be edited in the backend for timing purposes. If it's a last-minute change during pre-race then visit the race day reg table.

If you change your mind while running, visit the Bay State Timing Van in the parking lot after you cross the finish line.

Bag Drop/Storing Belongings: There will be a section inside the B&S facility for this. Pickup will be from 9:30am-12:30.

20 Mile Early Start Time: If you are unsure/uneasy/worried about finishing the 20-mile distance by noon (the 4 hour cut off) we encourage you to take part in the "Sunshine Start" at 7AM! This is **ONLY available for 20 milers!** You are not eligible for any awards if you participate in this. This is not a rolling start, you must check in at 6:45AM and be at the start line at 7AM SHARP. You also should understand, water stations will not be setup until 8AM, so you should be equipped with nutrition/fuel for the beginning portion of the course.

Parking:

Limited parking is available inside the B&S Facility parking lot at Shetland. First come, first serve. There is parking is available at the main lot at Salem Academy Charter School at 16 Lynch St and Shetland Park located at 27 Congress St. Both a very short walk to race site.

***Make sure you are in an actual parking spot in Shetland Park.**



Overflow parking is located in the garage on the corner of Congress and Derby St. Street parking is available, just please be cautious of all posted street signage.

Course Details:

The actual Start Line is located at Leavitt St/Congress St.
The Finish Line is inside the B&S Parking lot.

2024 Course Map & Elevation is also available here:

<https://www.plotaroute.com/route/2479681?units=miles>

Runners - You are always running WITH TRAFFIC, unless a Police Officer is signaling something different for a traffic issue.

We will have plenty of detail officers and volunteers in Marblehead and Salem so it should be very safe. However, ALWAYS be cautious of motor vehicles and NEVER cross the road unless you know 100% it is safe. We cannot control every vehicle on the road and your safety is our highest priority at all times. Be smart, be safe!! **The course time allotment is 4 hours beginning at 8AM.**

Fuel Stations:

The 10 mile course will offer 5 fuel stations.

These stations are fully staffed with volunteers from The Salem Academy Charter School, one of our charitable partners!! *All stations will have water and Gatorade. There will be 3 porta potties, setup at the last fuel station located at the VFW Post on Westshore Drive in Marblehead.*

GU's & minor First Aid including Vaseline will be available at that turn around location. There will be clothes drop option at the first fuel station just prior to mile 1. Unclaimed clothes will be donated. Please do not drop clothes along the streets.

Venue Bathrooms: There will be plenty of porta potties in the parking lot at B&S available to you. There are changing facilities towards the back of the gym inside B&S. These facilities will only be available POST RACE.

Awards/Finisher Medals:

Finisher Medals will be handed out at the finish line!!

Take notice, your bib color will match your medal lanyard color.

The 10mile awards ceremony will take place at approximately 10am and the 20mile awards ceremony will take place at 11am, both inside the B&S facility.

\$700 CASH PURSE Details: \$175 for Overall Top M/F Finishers in each race (10 and 20)

Awards:

Top 3 Overall M/F in each race

Top 3 M/F in each age group: Under 19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

Top 3 Non-Binary

**No double dipping

Post-Race Festivities:

Water/Gatorade will be available at the finish line. Catered breakfast items, to include hot minestrone soup, frittata, banana bread, packaged snacks, and hot coffee inside the facility. Notch Brewery will be pouring beers inside the facility and Mimosas' will also be available, both for



\$9/pour. We encourage you to explore downtown Salem where there are several restaurants, bars, cafes and boutique shops that are worth checking out. If you're looking for brunch/lunch or a post run beverage we recommend visiting our bib sponsor LongBoards Restaurant & Bar just down the street.

Venue Sponsors: Marathon Sports and Nutrabolt will be set up inside the B&S facility so be sure to swing by their booths to check out all their offerings.

Black Cat Beneficiaries: This year the Black Cat 10 & 20 Miler will be supporting 5 different charitable entities. The Salem Academy Charter School is our primary beneficiary for the 2024 Black Cat. Four additional beneficiaries of this year's event include: Good Sports Inc, The VFW Post in Marblehead, The Salem Park and Rec and the Allie Castner Foundation. Thank you in advance for your support!

We hope you have a great race and a wonderful experience!

If you have any additional questions, please feel free to email events@bnsfitness.com or call/text 978-594-7050

Thank you and we look forward to seeing you the weekend,

B&S Event Management